



THE FAIRVIEW RESOURCE CENTER

OCTOBER 2023

Monday

Tuesday

Wednesday

Thursday

Friday

2  
National Day for Truth and Reconciliation

3
Little Learners
 10:00 am - 12:00 pm
Registration For Sibling Rivalry Workshop
 1:00 - 3:00 pm

4 **Drop & Shop 9:00 am - 2:00 pm**
Family Support Service Call Ext:106
 for more info 9:00-12:00 & 1:00-4:00
Community Cafe
 10:00 - 11:30 am & 1:00 - 2:30 pm
 Welcome Housing services offsite

5
Little Learners
 10:00 am - 12:00 pm
Kids Newcomer English Club
 4:30 pm- 5:30 pm

6
NSECDIS onsite Public Health Drop-in
New Parents Group
 10:00 - 11:30 am
Dance Exercise 10 - 10:45 pm
Yoga 11 - 11:45 am
 (Registration Required)

9  
Thanksgiving

10
Little Learners
 10:00 am - 12:00 pm

11 **Drop & Shop 9:00 am - 2:00 pm**
Family Support Service Call Ext:106
 for more info 9:00-12:00 & 1:00-4:00
Community Cafe
 10:00 - 11:30 am & 1:00 - 2:30 pm
 Welcome Housing services offsite

12
Little Learners
 10:00 am - 12:00 pm
Take-Out Home Meal Kit
Registration Day Starting at 10 am
Kids Newcomer English Club
 4:30 pm- 5:30 pm

13
NSECDIS onsite New Parents Group
 10:00 - 11:30 am
Dance Exercise 10 - 10:45 pm
Yoga 11 - 11:45 am
 (Registration Required)

16 
Family Playgroup
 Drop-in 10:00 - 11:45 am

17 
Little Learners
 10:00 am - 12:00 pm

18 **Drop & Shop 9:00 am - 2:00 pm**
Family Support Service Call Ext:106
 for more info 9:00-12:00 & 1:00-4:00
Community Cafe
 10:00 - 11:30 am & 1:00 - 2:30 pm
 Welcome Housing services offsite

19
Little Learners
 10:00 am - 12:00 pm
Take-Out Home Meal Kit
Pick-up Day 1:00 - 2:00 pm
Kids Newcomer English Club
 4:30 pm- 5:30 pm

20
NSECDIS onsite Public Health Drop-in
New Parents Group
 10:00 - 11:30 am
Dance Exercise 10 - 10:45 pm
Yoga 11 - 11:45 am
 (Registration Required)

23
Family Playgroup
 Drop-in 10:00 - 11:45 am

24 **Sibling Rivalry Workshop for parents with children aged 2-5**
 10:00 am - 12:00 pm
 (Childcare provided)

25 **Family Support Service Call Ext:106**
 for more info 9:00-12:00 & 1:00-4:00
Community Meal
 1:00 pm - 3:00 pm
Incredible Years Parenting Program
 5:00 - 7:30 pm (Registration Required)

26
Little Learners
 10:00 am - 12:00 pm
Kids Newcomer English Club
 4:30 pm- 5:30 pm

27 **(Home Safety) Safety in the home for children**
 10:00 am - 12:00 pm
Dance Exercise 10 - 10:45 pm
Yoga 11 - 11:45 am
 (Registration Required)

30 
Family Playgroup
 Drop-in 10:00 - 11:45 am

31 
Little Learners
 10:00 am - 12:00 pm
HAPPY HALLOWEEN

OCTOBER 2023

Family Play Group Drop-In

The program gives opportunities to both children and parents to connect with other families in a social and fun environment
Monday drop-in 10:00 - 11:45 am

Kids Newcomer English Club

NEW PARTNERSHIP ALERT! While the Keshen Goodman Library is under renovation we have partnered to host the Newcomer Youth English Club. This is for newcomer youth in grades 1- 6 and focuses on games, activities, and conversational English practice led by teen volunteers. Thursday's 4:30 - 5:30 pm

New Parent Support Group

New Parents Support Group every Friday from 10:00 am - 11:30 am for parents with children up to 18 months. Public Health Nurse onsite on the first and third Friday

Family Support Service

Meet with our staff member, Deborah Odell in person or virtually for support with parenting, resources, and more. For families with children/youth up to the age of 19. Call Deborah to schedule an appointment at ext. 106 or email at dodell@frcns.com

Dance Exercise Program

This is low-impact movements that are fun and doesn't feel like exercise. Come meet Delores our new instructor to learn how to line dance. Modifications will be offered for those with injuries or disabilities as needed. Every Friday weekly 10-10:45. For more info call Deborah M. ext 102 or email dmarriott@frcns.com

Drop and Shop

Our Drop and Shop program is an opportunity to look through our donations of clothing and household goods and take what you need. Contact Naime at ext 104 or email at nmert@frcns.com

Parenting Journey Program

The Parenting Journey Program is a home visitation program that provides support for families experiencing challenges and life stressors. The Parenting Journey staff members are flexible to work around your schedule, meet you at home and provide a variety of support to youth up to the age of 19. Evening times available.

Incredible Years Parenting Program

The Incredible Years is an evidence-based parenting program with 40 years of research! focusing on strengthening parenting skills and fostering parent involvement in developing children's academic, social and emotional skills and reducing behavioral challenges. For parents with child(ren) 2 to 6. Dinner and refreshments will be provided, along with childcare, translators if needed, bus tickets or taxis. It is mandatory for parents to attend all 12 sessions to receive their certification.

The first session starts Oct. 25th from 5-7:30 and every Wednesday evening for 12 weeks. Participants can register by calling Adrienne at 902-818-0034 or Latika at 902-809-5882

Community Café

Our weekly adult cafe takes place on Wednesdays from 10 - 11:30 am and 1 - 2:30 pm. Please contact Ruth for more information at ext 103 or email rbyrne@frcns.com

Yoga Program

FREE Community Yoga, every Friday weekly 11 - 11:45 am spaces are available, for more information contact Ruth at ext 103 or email rbyrne@frcns.com

SERVICES

Technology Lending Program (Mifi, Chromebooks)
Phone/Wi-Fi onsite
MLA Onsite Monthly, Legal Aid Monthly
Welcome Housing (housing help and subsidies)



6 Titus Street Halifax, NS, B3N 2Y7
902.443.9569 info@frcns.com
www.frcns.com

Hours

We are open Monday to Thursday from 8:30 am to 4:30 pm and Friday from 8:30 am to 4:00 pm.

Centre Closures:

When HRCE schools in Fairview/Clayton Park are closed due to weather, the centre will be closed.



FIND US!



www.frcns.com



The Fairview Resource Centre - Community Hub



The Fairview Resource Centre



[fairview_resource_centre](https://www.instagram.com/fairview_resource_centre)
[frcparentingjourney](https://www.instagram.com/frcparentingjourney)



Fairview Resource Centre



Monday

Tuesday

Wednesday

Thursday

Friday

2  National Day for Truth and Reconciliation 

3 برنامج المتعلمين الصغار
10:00 - 12:00 pm
يوم التسجيل لورشة عمل التنافس بين الأشقاء
1:00 am - 3:00 pm

4 تسوق من التبرعات 9 am - 2 pm
ext 106 خدمة الدعم العائلي عبر الاتصال
9:00-12:00pm & 1:00-4:00pm
مقهى المجتمع
10:00-11:30am & 1:00-2:30 pm
توقف خدمات الإسكان حاليا عن وجودها في المركز

5 برنامج المتعلمين الصغار
10:00 - 12:00 pm
نادي اللغة الإنجليزية للأطفال الوافدين الجدد
4:30 pm- 5:30 pm

6 خدمات الصحة العامة
مجموعة دعم الآباء الجدد
10:00 am - 11:30 pm
تمارين الرقص 10 - 10:45 am
يوغا 11 - 11:45 am


9  Thanksgiving 

10 برنامج المتعلمين الصغار
10:00 - 12:00 pm

11 تسوق من التبرعات 9 am - 2 pm
ext 106 خدمة الدعم العائلي عبر الاتصال
9:00-12:00pm & 1:00-4:00pm
مقهى المجتمع
10:00-11:30am & 1:00-2:30 pm
توقف خدمات الإسكان حاليا عن وجودها في المركز

12 برنامج المتعلمين الصغار
10:00 - 12:00 pm
نادي اللغة الإنجليزية للأطفال الوافدين الجدد
4:30 pm- 5:30 pm
يوم التسجيل لوجبة للاعداد المنزلي للبالغين وكبار السن فقط (أماكن محدودة)
يبدأ التسجيل ١٠ صباحا

13 مجموعة دعم الآباء الجدد
10:00 am - 11:30 pm
تمارين الرقص 10 - 10:45 am
يوغا 11 - 11:45 am

16 برنامج اللعب والمرح للأطفال
(لا يحتاج تسجيل)
10:00-11:45 am 

17 برنامج المتعلمين الصغار
10:00 - 12:00 pm 

18 تسوق من التبرعات 9 am - 2 pm
ext 106 خدمة الدعم العائلي عبر الاتصال
9:00-12:00pm & 1:00-4:00pm
مقهى المجتمع
10:00-11:30am & 1:00-2:30 pm
توقف خدمات الإسكان حاليا عن وجودها في المركز

19 برنامج المتعلمين الصغار
10:00 - 12:00 pm
نادي اللغة الإنجليزية للأطفال الوافدين الجدد
4:30 pm- 5:30 pm
يوم استلام وجبة للاعداد المنزلي التسجيل مطلوب (أماكن محدودة)
للبالغين وكبار السن فقط

20 خدمات الصحة العامة
مجموعة دعم الآباء الجدد
10:00 am - 11:30 pm
تمارين الرقص 10 - 10:45 am
يوغا 11 - 11:45 am


23 برنامج اللعب والمرح للأطفال
(لا يحتاج تسجيل)
10:00-11:45 am

24 ورشة عمل التنافس بين الأشقاء للآباء والأمهات الذين لديهم أطفال تتراوح أعمارهم بين 2-4 (رعاية الأطفال متوفرة)
10:00 am - 12:00 pm

25 وجبة المجتمع المجانية
1:00 pm - 3:00 pm
برنامج الأبوة والأمومة
5:00 pm - 8:00 pm
ext 106 خدمة الدعم العائلي عبر الاتصال
9:00-12:00pm & 1:00-4:00pm

26 برنامج المتعلمين الصغار
10:00 - 12:00 pm
نادي اللغة الإنجليزية للأطفال الوافدين الجدد
4:30 pm- 5:30 pm

27 ورشة عمل للتعريف بالسلامة الكيميائية
10:15 am - 11:30 am
تمارين الرقص 10 - 10:45 am
يوغا 11 - 11:45 am

30 برنامج اللعب والمرح للأطفال
(لا يحتاج تسجيل)
10:00-11:45 am 

31 برنامج المتعلمين الصغار
10:00 - 12:00 pm
HAPPY HALLOWEEN 