



Monday

Tuesday

Wednesday

Thursday

Friday

**1 EASTER MONDAY:
CENTRE CLOSED**

**2 Little Learners
10:00 am - 12:00 pm**
Income Tax Clinic 9:00 am - 3:00 pm (by appointment only)
Participant Committee Meeting 1:00 - 2:00 PM

3 Drop & Shop 9:00 am - 2:00 pm
Family Support Service Call Ext:106 for more info 9:00-12:00 & 1:00-4:00
Community Cafe 10:00 - 11:30 am & 1:00 - 2:30 pm

**4 Little Learners
10:00 am - 12:00 pm**
Food Donation Pickup 12:00 pm - 4:00 pm

**5 Public Health Drop-in
New Parents Group
10:00 - 11:30 am**
Yoga 10:00 - 11:00am*

**8 WEEK OF APRIL 8TH-12TH:
NO REGULAR PROGRAMMING**

9

10 Eid Mubarak

11

Centre closed: Staff In-service

12

**15 Family Playgroup
Drop-in 10:00 - 11:45 am**

**16 Little Learners
10:00 am - 12:00 pm**
Income Tax Clinic 9:00 am - 3:00 pm (by appointment only)
Halifax West Seniors Group 5:00 - 7:00 pm*

17 Drop & Shop 9:00 am - 2:00 pm
Family Support Service Call Ext:106 for more info 9:00-12:00 & 1:00-4:00
Community Cafe 10:00 - 11:30 am & 1:00 - 2:30 pm

18 NO REGULAR PROGRAMMING

**19 Public Health Drop-in
New Parents Group
10:00 - 11:30 am**
Yoga 10:00 - 11:00am*

22

Family Playgroup
Drop-in 10:00 - 11:45 am

**23 Little Learners
10:00 am - 12:00 pm**
Income Tax Clinic 9:00 am - 3:00 pm (by appointment only)

24 Drop & Shop 9:00 am - 2:00 pm
Family Support Service Call Ext:106 for more info 9:00-12:00 & 1:00-4:00
Community Meal 1 - 3PM (registration required)

**25 Little Learners
10:00 am - 12:00 pm**
Food Donation Pickup 12:00 pm - 4:00 pm

**26 NSECDIS onsite
New Parents Group
10:00 - 11:30 am**
Yoga 10:00 - 11:00 am*

**29 Family Playgroup
Drop-in 10:00 - 11:45 am**

**30 Little Learners
10:00 am - 12:00 pm**
Income Tax Clinic 9:00 am - 3:00 pm (by appointment only)

APRIL 2024

Family Play Group Drop-In

This program gives an opportunity to both children and parents to connect with other families in a social and fun environment. Activities include free play, snack time, reading circle and other fun activities. Monday drop-in

10:00 - 11:45 am

Monthly Community Meal

Contact Ruth Byrne at rbyrne@frcns.com or call ext. 103 to register for monthly meals. Eat in or take-out options available .

New Parent Support Group

New Parents Support Group every Friday from 10:00 am - 11:30 am for parents with children up to 18 months. Public Health Nurse onsite on the first and third Friday

Family Support Service

Is your family experiencing challenging times ? We have one hour appointments available on Wednesdays for families with staff member, Madi Gebreyesus. Appointments are in person in our family friendly, confidential space or by phone/virtual. For families with children/youth up to the age of 19. Call to schedule an appointment at ext. 106 or email at mgebreyesus@frcns.com

Drop and Shop

Our Drop and Shop program is an opportunity to look through our donations of clothing and household goods and take what you need. Contact Naime at ext 104 or email at nmert@frcns.com

SERVICES

Technology Lending Program (Chromebooks)
Phone/Wi-Fi onsite
MLA Onsite Monthly, Legal Aid Monthly
Welcome Housing (housing help and subsidies)

Participant Committee Meeting

Are you a regular user of our services looking to suggest ways we can improve? You might be a perfect fit for our participant committee, a group that meets monthly to discuss ways we can better serve our community. We are currently looking for parent participants, and participants who would be interested in being co-chairs and members.

Income Tax Clinic

FREE tax clinics provide eligible community members with the opportunity to have their tax returns done Free of charge. FREE tax clinics are hosted by Canada Revenue Agency and their partnered community organizations through the Community Volunteer Income Tax Program.

You can have your taxes completed if you have a modest income and a simple tax situation. Click on the following link to check your eligibility.

<https://www.canada.ca/en/revenue-agency/services/tax/individuals/community-volunteer-income-tax-program>

Call Ruth at:902-443-9569 Ext: 103 or email: rbyrne@frcns.com to book an appointment

The clinic will take place most Tuesday's from 9:00 am - 2:30 pm during the months of March and April.

Community Café

Our weekly adult cafe takes place on Wednesdays from 10 - 11:30 am and 1 - 2:30 pm. Please contact Ruth for more information at ext 103 or email rbyrne@frcns.com

Yoga Program

FREE Community Yoga, every Friday weekly 10:00 - 11:00am at the Centennial Arena. Spaces are available, for more information contact Deborah at dmarriott@frcns.com or at ext. 102.

Halifax West Seniors Group

Come socialize, enjoy soup and sandwiches, and participate in an activity with other seniors! Register with Deborah at dmarriott@frcns.com or (902) 443-9569, ext. 102. Please register by April 11th, 2024. Adults 55+ only, space is limited.



6 Titus Street Halifax, NS, B3N 2Y7
902.443.9569 info@frcns.com
www.frcns.com

Hours

We are open Monday to Thursday
from 8:30 am to 4:30 pm
and Friday from 8:30 am to 4:00 pm.

Centre Closures:

When HRCE schools in Fairview/Clayton Park are closed due to weather, the centre will be closed.



FIND US!



www.frcns.com



The Fairview Resource Centre -
Community Hub



The Fairview Resource Centre



[fairview_resource_centre](https://www.instagram.com/fairview_resource_centre)
[frcparentingjourney](https://www.instagram.com/frcparentingjourney)



Fairview Resource Centre